

**Pray Like Jesus**  
**Why Pray When You Can Worry? – Part 1**  
**October 19, 20 - 2019**  
**Dr. Jeffrey Allen Love**

*"Lord, teach us to pray, just as John taught his disciples."*

Luke 11:1 (p.793\*)

- **My prayers shape my life.**

*"Jesus said, "This is how you should pray:"*

Luke 11:2a

- 1. Praise**

*"Father, may your name be kept holy."*

Luke 11:2b

- 2. Purpose**

*"May your Kingdom come soon." "May your will be done on earth, as it is in heaven."*

Luke 11:2c, Matthew 6:4

- 3. Provision**

*"Give us each day the food we need..."*

Luke 11:3

- 4. Pardon (Forgiveness)**

*"...and forgive us our sins, as we forgive those who sin against us."*

Luke 11:4a

- 5. Protection**

*"And don't let us yield to temptation." "...but rescue us from the evil one."*

Luke 11:4b, Matthew 6:12

**Next Step:** \_\_\_\_ This week I will read and pray through the reading "Jesus Principles of Prayer" in the Life Transformation Bible. (page A28-A29)



## Life Groups Study Questions

### *Taking the Talk to Another Level*

From the Weekend Talk of October 19-20, 2019

*Why Pray When You Can Worry? Week 1: Pray Like Jesus*

Life Groups use these questions to dig deeper into what we talked about this weekend. Dig into them so you will be ready for the discussion at your Life Group. Find out more about Life Groups at the Info Center in the lobby or go to [alivechurch.com/groups](http://alivechurch.com/groups).

### Car Questions/Conversation Starters

- What are you worried about right now?
- When have you worried about something that you really should have prayed about instead?
- How much of a role did prayer play in your family when you were a kid?
- Did you ever memorize the "Lord's Prayer"? Was it just something to learn like a formula, or did it really have genuine meaning for you?

### Quick Review

- Looking back at your Talk Notes, was there anything you heard in the service that stood out or maybe even confused you?

### Discussion Starters from the Weekend Talk

**See the Talk Notes and related Bible verses from this Weekend's Talk.**

- Pastor Jeff highlighted the One Thing to remember from this week's Talk: **"My Prayers Shape My Life."**
- Read together Luke 11:1-4 (p.793\*) and Matthew 6:9-13 (p.737\*)
  - Which of these elements of prayer do you resonate with the most? Which do you struggle with most?
- Using Jeff's notes to help guide you, walk through the five aspects of "Jesus' Principles for Prayer." Talk about each one as you go.
  - Praise (See also Psalm 150 (p.480\*))
    - Why praise God? What do you praise God for? When do you most feel like praising God? Have you ever praised God "in the storm?"
  - Purpose (See also Luke 22:41-42 (p.805\*))
    - What is your purpose? What does God's Will have to do with your purpose? When has it been difficult for you to pray for "God's Will to be done?"
  - Provision (See also Luke 12:24 (p.795\*))
    - What is "provision?" When have you experienced God's provision?
  - Pardon (Forgiveness) (See also Colossians 3:13 (p.904\*))
    - Why do you think Jesus teaches us to "ask for" and to "give" forgiveness? Has unforgiveness ever affected your life? When have you forgiven someone that really didn't "deserve" it?
  - Protection (See also James 1:13 (p.930\*))
    - Why do you need to ask Jesus to help you resist temptation? How is temptation different than "testing" or "trial?"

### Digging Deeper

**Our series asks the question: "Why Pray When You Can Worry?"**

- Take a look at Luke 12:22-29 (p.795\*); 1 Peter 5:6-7 (p.937\*); and Matthew 11:28-30 (p.742\*).
- What do these passages say about worry?
- How do you deal with the temptation to worry?
- How much does God value you? How do you know? What would you tell someone else about how valued they are to God?

### Taking It Home: Next Step

- **Our Next Step This Week:** *"This week I will read and pray through the reading "Jesus Principles of Prayer" in the Life Transformation Bible. (Page A28-A29)"*
  - **Once more as group, read Matthew 6:9-13 (p.737\*).**

### Pray

- Pray for one another and the church.
- One idea you might use for your prayer time is to pray in a "chain." Have one person start. Person #1 prays one thanks or praise to God and asks for one thing for themselves or for another. Then person #2 prays for the need expressed by person #1, offers a praise, and then expresses a prayer need. Continue around the group until you get back to person #1 who then lifts up the prayer need expressed by the last person in the circle and wraps up the time of prayer.
- (NO ONE will be expected to pray out loud who would rather not.)

### This Weekend:

We continue with Week 2 of our series, "Why Pray When You Can Worry?", and mark your calendars for our Prayer and Worship Night coming November 3 at 6:00pm.

All of these notes are also in our App. To get our FREE App just text "ALIVEAZ APP" to this number: 77977, and follow the instructions. If you need help, we'll help you!

\* The Life Transformation Bible is the New Living Translation of the Bible, including many useful tools to help you better understand God's Word, including our own Alive Church Life Transformation Discipleship Plan. They are available FREE in the church lobby.