

# Jesus' Principles for Prayer

This week's study is different; there is no daily affirmation reading, rather we are putting prayer into practice through the model Jesus gave us in *Matthew 6:9-13* (Page 737). Spend the time you would normally spend on the readings in prayer.

**Day 1:** Read and study *Matthew 6:9* (Page 737). The principle Jesus gave us for prayer is that we should begin our prayer time with *praise and thanksgiving*. There are 8 Hebrew names for God stating who He is for us. They reflect His character as our Father. As you read through the names, pray and declare He is each of these in your life and thank Him.

**Jehovah-Shammah** – “God is Present with me” ([Ezekiel 48:35](#))

*Implication: You are here! I am never alone!*

**Jehovah-Rohi** – “God is my Shepherd” ([Psalm 23:1](#)) *Implication: You lead me, feed me and protect me!*

**Jehovah-Jireh** – “God is my Provider” ([Genesis 22:14](#))

*Implication: You see what I need before I even ask!*

**Jehovah-Rophe** – “God is my Healer” ([Exodus 15:26](#)) *Implication: You can heal my body, emotions, and relationships!*

**Jehovah-Tsidkenu** – “God is my Righteousness” ([Jeremiah 23:6](#)) *Implication: You accept me and forgive me because of Jesus!*

**Jehovah-M'Kiddish** – “God is my Sanctification” ([Leviticus 20:8](#))

*Implication: You make me holy like Jesus!*

**Jehovah-Shalom** – “God is my Peace” ([Judges 6:24](#)) *Implication: You give me peace in spite of circumstances!*

**Jehovah-Nissi** – “God is my Banner” ([Exodus 17:15](#)) *Implication: You are my victory in conflict and confrontation!*

**Day 2:** Read and study [Matthew 6:10](#) (Page 737). The principle here is praying for God's *purpose* to be done in your life and in those around you. As you spend time in prayer today begin with the previous day's principle and add commitment to doing God's will in your prayer today. Pray for God's will to be done: in your family, church, ministry, job, future, city, the nation and in the world.

**Day 3:** Read and study [Matthew 6:11](#) (Page 737). The principle here is praying for God's *provision* in our lives. As you spend time in prayer today begin with the previous day's principles and add praying for provision to your prayer. Pray about all your needs.

**Day 4:** Read and study *Matthew 6:12* (Page 737). The principle here is praying for *forgiveness*: forgiveness for our sins and setting our hearts and minds to forgive others as they sin against us throughout the day, or have sinned against us in the past. As you spend time in prayer today begin with the previous day's principles and add forgiveness to your prayer by: **Asking** the Holy Spirit to reveal any sin you may have in your heart or have committed. **Confessing** your sin. **Make restitution** with someone else when necessary; this may simply mean asking forgiveness. **Accept God's forgiveness** through faith and speak it in your prayer. **Praying for others**, that God would help you set your heart and mind to forgive them immediately when they sin against you, or if you have unforgiveness towards them for a sin done against you.

**Day 5:** Read and study *Matthew 6:13* (Page 737). The principle here is to pray for God's *protection*. Believers face spiritual battles every day. Satan wants to defeat you through temptation and fear. By praying for protection, you will have the confidence to face every situation. As you spend time in prayer today begin with the previous day's principles and add praying for God's protection to your prayer. Pray this for yourself, those you love and those around you.

**Day 6:** Pray through the principles Jesus gave us for prayer each day!

**Day 7:** Pray through the principles Jesus gave us for prayer each day! Read the *Daily Reading* once again and highlight things that stand out. Answer the Life Transformation Questions for growth in this area. Take time to learn the memory verse.

**Memory Verse:** *Matthew 6:9-13 "Pray like this: Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one."*

Matthew 6:9-13

#### Life Transformation Questions:

1. As you read the *Daily Reading*, what stood out and why?
2. What action will you take to apply this truth? Be specific.
3. What areas of your life will benefit from this action? How and why?