

DAILY READING: KINDNESS

Kindness is a fruit of the Holy Spirit. This means when I choose to live in obedience to God, as a follower of Jesus, the Holy Spirit produces kindness in me.

God treats me with a kindness I do not deserve. He shows kindness to me in many ways. His kindness is shown to me through His faithfulness. He is kind enough to forgive me when I don't deserve it. I will show kindness to others no matter how they treat me. Every person has been created in the image of God and is to be treated with kindness. I will be kind by putting the needs of others before my own. When I treat others with kindness, I express the love of Jesus. When I am tempted to blame others for my bad attitude, I will pray for the Holy Spirit to produce kindness in me. Kindness shown to others is proof the Holy Spirit lives in me. I choose to show kindness to everyone.

DAILY STUDY: KINDNESS

DAY 1: God's Kindness –

Galatians 5:22-23 (page 1159);

Romans 2:4 (page 1104);

John 8:1-11 (page 1051)

DAY 2: Loving My Enemies –

Luke 6:27-36 (page 1011);

Romans 5:8-10 (page 1111)

DAY 3: About My Heart – Hebrews 3:12-14

(page 1211); Hebrews 12:14-15 (page 1219); Matthew 7:16-20

(page 947)

DAY 4: About My Tongue – James 3:1-12 (page 1224);

1 Peter 3:8-11 (page 1231)

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DAY 5: Live in Kindness – 2 Corinthians 6:3-10 (page 1147);

Ephesians 4:2 (page 1164); Ephesians 4:22-24 (page 1165)

DAY 6: Living a Godly Life – Colossians 3:12 (page 1178);

2 Peter 1:3-9 (page 1236)

DAY 7: Love and Kindness – 1 Corinthians 13:4 (page 1137);

1 John 3:14-20 (page 1242)

**Take time to learn the memory verse
and have fun doing the activity.**

ACTIVITY: Acts of Kindness

Kindness is a gift of the Holy Spirit. He is making us kinder. He leads us in how to show kindness. Take a moment to pray about ways you might show kindness to those around you.

YOU WILL NEED:

- Paper
- Scissors
- Pencil
- Jar or envelope

STEPS:

1. Cut out 10 strips of paper.
2. Write 10 ways (*one on each strip of paper*) to show kindness to the people around you.
3. Put these strips of paper in a jar or an envelope. Keep the jar or envelope where you will see it every day.
4. Choose one of these acts of kindness from the jar or envelope each day. Practice this kindness throughout the day with people you spend time around.

MEMORY VERSE:

2 Corinthians 6:6

"We prove ourselves by our purity,
our understanding, our patience, our kindness,
by the Holy Spirit within us, and by our sincere
love." 2 Corinthians 6:6

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