

DAILY READING: PERSONAL GROWTH

I am determined to learn and grow every day to become more like Jesus. I am a follower of Jesus and His Spirit living in me gives me the power to become more like Him in my thinking, attitude and behavior. I have committed my whole life to knowing and understanding Jesus better. God's desire is for me to become like Jesus, His Son. I will plan for personal growth by being willing to change. I will obey Jesus so I may become more like Him. If I refuse to be transformed (*changed*) by faith in Jesus I am living as if I have no faith. To have faith in Jesus is to be changed – to become like Him. I choose to cooperate (*work together*) with the Holy Spirit to:

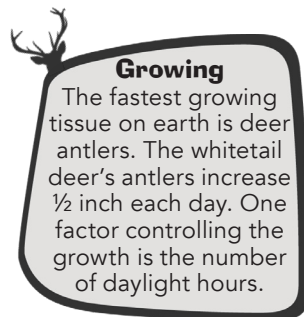
- Grow in moral excellence (*doing what is right according to God's Word*)
- Grow in understanding
- Grow in self-control
- Grow in patience
- Grow in the ability to stay to the end
- Grow in godliness
- Grow in love for Jesus and all others

I desire to grow to be more like Jesus in my attitude and behavior. I can trust Him to train me to make a difference in the world. He is my strength when I am weak. He makes me bold to do good for the Kingdom of God. I am determined to learn and grow every day to become more like Jesus.

DAILY STUDY: PERSONAL GROWTH

DAY 1: Grow Daily – 2 Peter 1:3-10
(page 1236); Ephesians 4:14-16
(page 1164)

DAY 2: Growth Produces Fruit –
James 2:14-17 (page 1223);
Matthew 7:26-27 (page 948); 1 Timothy 4:8 (page 1192)



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DAY 3: Strength and Weakness – 2 Corinthians 12:9
(page 1151); Isaiah 12:2 (page 674)

DAY 4: Be Intentional – Ephesians 5:17 (page 1165);
Philippians 1:9 (page 1170)

DAY 5: Remain in Jesus – John 15:1-8 (page 1060);
Psalm 46:10 (page 556)

DAY 6: Grow until Jesus Comes – Colossians 3:2-4
(page 1178); Galatians 6:8-10 (page 1159); 1 John 3:2-3
(page 1241)

DAY 7: Grow Stronger Daily – 2 Corinthians 3:18 (page 1145);
Psalm 84:5-7 (page 579)

**Take time to learn the memory verse
and have fun doing the activity.**

ACTIVITY: Personal vs Physical Growth

A number of things affect how your body grows. There are a few things you can do to help your body grow healthy. God, by the power of His Holy Spirit, helps you grow in faith. Your participation is essential in personal growth. We exercise to help make our bodies stronger and faster. When you are actively involved in your personal growth it is like exercise for the soul. Create an "exercise" plan for personal growth.

Example:

Daily – read the Bible and pray

Weekly – attend church, receive discipleship training or train someone to be a disciple

Monthly – serve someone in your church or community (pick up trash, deliver food to someone without food, etc.).

MEMORY VERSE:

2 Peter 1:8
"The more you grow like this, the more productive and useful you will be in your knowledge of our Lord Jesus Christ."
2 Peter 1:8

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