



One Thing: Hold Up The Shield Of Faith.

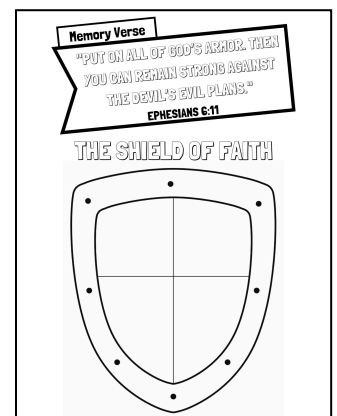
Bible Story: Jesus calms the storm (Mark 4:35-41).

MON

1. Gather your kids, and tell them how excited you are to talk about what you learned from church this weekend.
2. Talk about these:
 - **What part of the Armor of God did we learn about?** (The Shield of Faith!)
 - **How can The Shield of Faith help you when you're afraid?** (We can trust that God is always with us and remember that He will help us.)
 - **If you are afraid, what can you do to put on The Shield of Faith?** (Pray, remember God's Word by memorizing verses, reading our Bibles, etc.)

TUE

- Together, color or create a picture of The Shield of Faith.
- On the third page of this document is a coloring page you can print at home OR create one with your kids!
- Once the picture has been colored, hang it up where you can see it every day and be reminded that we have to Hold Up The Shield Of Faith.
- Then say:
 - **This picture is to remind us to Hold Up The Shield Of Faith every day! Every time you see it, thank God for giving you The Shield of Faith. Thank God for helping us fight against the fiery arrows that the devil throws at us.**



WED

Say this:

- **Even though we can't see it, there is a spiritual battle happening between God and the devil. God is fighting for us to know who He is and how much He loves us. No one is more powerful than God, but the devil has made a plan to trick us. He may be sneaky, but we don't need to be afraid of the devil.**
- **When we decided to make Jesus the Leader of our lives, He makes us a part of His army. God has given us exactly what we need to stand firm every day in the battle and win. He gives us the Armor of God!**
- **Today, we're going to make The Shield of Faith!**

Use the supplies that you gathered and create The Shield of Faith. Color it and decorate it! Make it out of anything you have. It could even just be made of paper! Get creative.

THU

1. Practice remembering what God says by saying: There's a verse in the Bible that we can learn to help us remember God's promise to help us stand firm against the devil.
 - **Ephesians 6:11**
"Put on all of God's armor. Then you can remain strong against the devil's evil plans."
 - Take some time to make up or practice some movements with your family to help memorize the verse.
 - **Every time we put on God's armor, we can stand firm against the devil. When we hold up our Shield of Faith each day it helps us battle the devil and his lies and tricks! When we put on God's armor every day it helps us remember that God is always with us.**

Practice putting on The Armor of God together.

Say each piece of the armor and what it's for. Put some motions with it to remember each piece. Make it a game! Go through them once together with movements and then try to see who can remember the most pieces!

FRI

The Belt of Truth - We can spot the devil's lies.

The Armor of Godliness - We can make right choices.

The Good News Boots - We have courage to go and tell others about Jesus!

The Shield of Faith - We trust God and block any tricks the devil tries.

The Helmet of Salvation - We remember that we are a part of God's family and nothing can separate us from His love!

The Sword of the Spirit (the Bible) - We have the power to stand strong and defeat the devil.

Take today to lead your family through prayer.

Ask your family what they want to thank God for and what they want to ask Him to do. God gives us power through the Armor of God against the devil's evil lies. Ask your kids if there is anything they are worried or scared about. Listen to them without interruption. Then pray the following over your family:

SAT

- **God, we thank You for** (all the things your family mentioned).
- **Father, we ask You for** (all the things your family mentioned).
- **Thank You for giving us the Armor of God.**
- **We ask that You help us hold up The Shield of Faith.**
- **Thank you for protecting us from the arrows of the devil.**
- **Thank You for protecting us, loving us, and giving us faith in You.**
- **Thank You for forgiving us of our sins and loving us.**
- **In Jesus' name we pray. Amen.**

Memory Verse

"PUT ON ALL OF GOD'S ARMOR. THEN YOU CAN REMAIN STRONG AGAINST THE DEVIL'S EVIL PLANS."

EPHESIANS 6:11

THE SHIELD OF FAITH

