

DAILY READING: TRANSFORMED

Today I am choosing to allow God to transform me by changing the way I think. Transformation means God is changing me from the inside out. My feelings, fears, and mistakes can dominate my thinking. But transformation results from allowing God, through His Word, to renew my mind. As a result, I become who and what He intends me to be. The inside change will have an outward effect. God knows my future; when I have faith and allow Him to transform me, my life gets better.

This new way of thinking does more than change my behavior. Transformation is a process and the key to change is my mind. My mind is the control center of my attitudes, thoughts, feelings, and actions. My thoughts lead to feelings and feelings lead to actions. When I allow God to transform my thinking, a whole new me is set into motion. The difference between what I am and what I want to be is what I do. So I choose to form new habits that transform me today and every day. The habit of transformation I will start today is: read the Daily Reading every day. I will make this a higher priority than checking my phone or obsessing about what will happen during the day. I will do this every day for one week and then move on to the next Daily Reading. I will continue this pattern until I have completed all fifty-two. At the end of this process, I will have developed a daily habit that will last a lifetime. This habit allows God to transform me by changing my thought process.

Today I am choosing to allow God to transform me by changing the way I think. God is the One changing me. I am not alone in this process. I am dependent on His strength to form new habits and be transformed in my thinking. My relationships with God, friends and other people will be more fulfilling. My time in school will be more rewarding, and God will help me serve my friends and look out for those who are friendless. I will have peace of mind in every situation. My God-given purpose will be the template for all my days. Right now – the next five minutes – I am choosing to allow God to transform me by changing the way I think.

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DAILY STUDY: TRANSFORMED

DAY 1: Changing the Way I Think - Romans 12:1-2 (Page 866)

DAY 2: Hiding His Word Within - Psalm 119:9-11 (Page 468)

DAY 3: God’s Word Is... - Psalm 119:105 (Page 470)

DAY 4: Be Flooded With Light - Ephesians 1:18 (Page 895)

DAY 5: Meditate and Prosper - Joshua 1:8 (Page 168)

DAY 6: Be Like a Tree - Psalm 1:1-3 (Page 415)

DAY 7: Change of Heart - 1 Samuel 10:6,9 (Page 217). Read the Daily Reading once again and highlight things that stand out. Answer the three Life Transformation questions for growth in this area. Take time to learn the memory verse.

MEMORY VERSE:
Romans 12:2
“Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.”
Romans 12:2

ACTIVITY:

Write down three behaviors you want God to change as you develop this new habit of reading the Daily Reading.

LIFE TRANSFORMATION QUESTIONS:

1. As you read the Daily Reading, what stood out and why?
2. What action will you take to apply this truth? Be specific.
3. What areas of your life will benefit from this action? How and why?

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