

DAILY READING: KINDNESS

Kindness is a deliberate act and I choose to act in kindness. God has shown me great kindness even when I didn't deserve it. His actions—keeping His promises and extending mercy and forgiveness toward me—have always reflected His loving kindness. Therefore, today I will treat everyone with kindness.

The fruit of the Spirit living in me is kindness. Regardless of how others treat me, I will remain calm, peaceful and undisturbed. I will be quick to forgive, smile and respond with kindness. All people are created in the image of God and deserve to be treated with kindness regardless of how they treat me.

My choice today is to be kind to everyone because everyone is fighting their own battles. For those who show me kindness I will respond likewise. For those who choose to hurt me I will respond in a Christ-like way toward them by speaking words of kindness and blessing. I am not responsible for what others may do or say to me, but I am responsible for how I respond to them. When I am tempted to act out towards someone or blame others for my frustrations, I will ask the Holy Spirit to fill me with kindness. I am dependent on the Holy Spirit's help.

MEMORY VERSE:

2 Corinthians 6:6
 "We prove ourselves by our purity, our understanding, our patience, our kindness, by the Holy Spirit within us, and by our sincere love."
 2 Corinthians 6:6

God's principle of sowing and reaping affects all of life. I will sow kindness in response to every situation, be it with actions or words, knowing I will reap much more than I have sown. I will add value to those I love by showing kindness. I will win over my adversaries with kindness. I will brighten the day of strangers with kindness. I will be an expression of Jesus' love to everyone through kindness. Kindness is a deliberate act and I choose to act in kindness.

DAILY STUDY: KINDNESS

DAY 1: God's Kindness - Galatians 5:22-23 (Page 893); Romans 2:4 (Page 858); John 8:1-11 (Page 816)

DAY 2: Loving My Enemies - Luke 6:27-36 (Page 786); Romans 5:8-10 (Page 860)

DAY 3: About My Heart - Hebrews 3:12-14 (Page 921); Hebrews 12:14-15 (Page 928); Matthew 7:16-20 (Page 738)

DAY 4: About My Tongue - James 3:1-12 (Page 931); 1 Peter 3:8-11 (Page 936)

DAY 5: Live in Kindness - 2 Corinthians 6:3-10 (Page 885); Ephesians 4:2 (Page 896); Ephesians 4:22-24 (Page 897)

DAY 6: Living a Godly Life - Colossians 3:12 (Page 903); 2 Peter 1:3-9 (Page 938)

DAY 7: Love and Kindness -
 1 Corinthians 13:4 (Page 878);
 1 John 3:14-20 (Page 942).
 Read the Daily Reading once again and highlight things that stand out. Answer the questions below for growth in this area. Take time to learn the memory verse.

ACTIVITY:

People remember how you make them feel. Think about those who are closest to you. How do you think you make them feel? Pray about it. Are there any changes you would make? Ask for forgiveness from those you have hurt.

LIFE TRANSFORMATION QUESTIONS:

1. As you read the Daily Reading, what stood out and why?
2. What action will you take to apply this truth? Be specific.
3. What areas of your life will benefit from this action? How and why?