

DAILY READING: GOODNESS

I will express goodness by helping others who are in need. Goodness is love in action, a character quality produced in my life by the Holy Spirit. Just as Jesus went about doing good, I will go about doing good. Goodness is an expression of Jesus in me. I will express goodness by helping others who are in need.

Goodness is generosity and kindness; it is a choice to go the second mile when someone has asked me to go the first. With God's help, my focus has shifted from obsessing about my own problems and perceived needs, to awareness of the struggles and hurts of other people. I am going to be fully in the moment and be aware of the needs God can meet through me.

MEMORY VERSE:
Romans 14:17
"For the Kingdom of God is not a matter of what we eat or drink, but of living a life of goodness and peace and joy in the Holy Spirit."
Romans 14:17

God the Father is working in and through me to change people's lives for the better. I am empowered and energized by the Holy Spirit to express goodness by helping others who are in need. Even when others don't deserve it, I will reach out to them in goodness with a positive action. God's goodness through me will be reflected in generosity, kindness and charitable actions.

Just as Jesus was a blessing to those around Him, He is using me to bless those around me each day. I will express goodness by helping others who are in need. Today "I will do good in all the ways I can, to all the souls I can, in every place I can, at all the times I can, with all the zeal I can, as long as ever I can" (quote adapted from John Wesley).

DAILY STUDY: GOODNESS

DAY 1: Good Deeds Point to God - John 15:4-5 (Page 824); Matthew 5:16 (Page 736); Philipians 1:11 (Page 899)

DAY 2: God's Divine Power - 2 Peter 1:1-8 (Page 938); Acts 10:38 (Page 839)

DAY 3: Good, Right, and True - Romans 15:1-14 (Page 867); Ephesians 5:9 (Page 897)

DAY 4: Live Selflessly - Philipians 2:1-11 (Page 900); Matthew 5:41 (Page 737)

DAY 5: Fruit of Good Deeds - John 15:2-16 (Page 824); James 3:17 (Page 931); Romans 1:13 (Page 857)

DAY 6: God Working in Me - Romans 7:4 (Page 861); John 15:8 (Page 824); Philipians 2:12-13 (Page 900)

DAY 7: God's Goodness - Romans 5:8 (Page 860); Titus 3:4-5 (Page 918). Read the Daily Reading once again and highlight things that stand out. Answer the three Life Transformation questions below for growth in this area. Take time to learn the memory verse.

ACTIVITY:

Goodness is love in action.
How are you cultivating goodness in your life? Take five minutes to think about the people closest to you. How are you serving them and showing them Goodness? Talk to God about any resistance you feel. Ask for the Holy Spirit's help in overcoming this resistance.

LIFE TRANSFORMATION QUESTIONS:

1. As you read the Daily Reading, what stood out and why?
2. What action will you take to apply this truth? Be specific.
3. What areas of your life will benefit from this action? How and why?