

Dear follower of Jesus,

When you become a follower of Jesus you begin a journey of complete transformation from the inside out: a new life, as a new creation in Him. Transformation does not happen by simply deciding to do or not do something, because our past life without Jesus is firmly planted in our mind. We are transformed by allowing God to change the way we think: *"...let God transform you into a new person by changing the way you think"* (Romans 12:2).

The Life Transformation Discipleship Plan is designed for just that: changing the way you think - transformation. As you allow Him to transform you by changing the way you think, God promises that *"...you will learn to know God's will for you, which is good and pleasing and perfect"* (Romans 12:2). Imagine that you, and those you know and love, live life each day in His good, pleasing and perfect will! That's what's in store for you as you take this journey of faith.

My prayer for you is that you would experience what the writer Paul talks about in Ephesians 4:23-24, *"Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy."* I pray that you would be part of living the mission of Jesus – making disciples – and that you would take others through the Life Transformation process. As you do, you will grow to be more like Him: transformed.

In Christ,

A handwritten signature in black ink that reads "JA Love" with a stylized flourish underneath.

Dr. Jeffrey Allen Love

Life Transformation Discipleship Plan:

1. Set a time to meet **weekly** with a discipleship partner and keep meetings to 1 hour or less if possible. *(A Life Transformation Discipleship Group should be no more than 3 to 4 people.)*
2. The goal of discipleship is transformation not information.
3. Cover one **Daily Reading** topic per week until all are completed.
4. **Daily Reading** topics are a one page per week reading to be read daily.
5. Each **Daily Reading** topic has 7 days of **Daily Study**, a few verses to read in the Bible. Do one **Daily Study** each day.
6. Memorize the **Memory Verse** per week for each **Daily Reading** topic.
7. Each week you will answer **3 Life Transformation Questions** for each **Daily Reading** Topic.

Life Transformation Discipleship Group Instructions:

1. Begin with prayer, ask God to transform your lives to be more like Jesus.
2. Have a group member read the **Daily Reading** from the previous week aloud.
3. Discuss the 3 **Life Transformation Questions** in light of the previous week's **Daily Reading**. *(Encourage groups members to highlight and underline parts that stand out as they read throughout the week. This will add value to the discussion.)*
4. Once last week's **Daily Reading** topic is complete, turn to next week's **Daily Reading** and have the group read it aloud.
5. Close by praying for one another's needs.
6. **Tip:** One thing that helps groups to be accountable is to group message a nugget of truth from the **Daily Reading** after you have read it each day. This can be done though text, a private FaceBook, email, etc. Use what works best for your group.
7. Upon completion of all the **Life Transformation** topics, the trainer and trainee prayerfully ask God who to partner with to disciple through the **Life Transformation Discipleship Plan** and reproduce the process over and over again.
8. Track your journey and the journey of those you disciple at:
www.lifetransformationbible.com