



# HOLD NOTHING BACK

# FAMILY ACTIVITY



**WATCH IT!**

Head over to our website [alivechurch.com/kids](http://alivechurch.com/kids) and check out our new series called Hold Nothing Back. We are talking about the Lord's Prayer and how followers of God can pray to Him! Go check it out!

### Five Finger Prayer Game

To do the five finger prayer game, gather in a circle with your friends or family. Hold together your hands like you are going to pray. Hold up each finger at a time and practice saying a prayer under that category.

- Thumb: Say a prayer for those closest to you.
- Pointer: Say a prayer for teachers in your life.
- Middle: Say a prayer for the leaders in our life.
- Ring: Say a prayer for someone sick or ill that you may know.
- Pinky: Say a prayer for yourself.



**DO IT!**



**TALK ABOUT IT**

In our video this week, we learned about the Lord's Prayer and how we can use that in our lives. Have you ever heard of the Lord's Prayer before?

Talk with your family about some of these questions:

- What are some things that you can pray about this week?
- Do you have any experience praying? How do you do it?
- How can prayer impact your life?

**QUESTION  
OF  
THE DAY**

Hey kids, this week during the talk we had a question of the day! If you missed it, it's in the Kid's talk at [alivechurch.com/kids](http://alivechurch.com/kids). Watch the video and figure out the answer then tell your parents. Ask them to go to [alivechurch.com/card](http://alivechurch.com/card) and fill out the connection card with your name and answer. Then, we will send you a special prize!

**HERE IS THE QUESTION:  
HOW DO WE GET TO KNOW GOD?**